

# CRAIGHALBERT NEWS

April 2010



## CRAIGHALBERT GOLF CLASSIC 2010

We're delighted to announce that the Craighalbert Golf Classic 2010 will take place on **Thursday 2 September** at Dullatur Golf Club. Early Bird entry for a team of four players is held at **£400** (for the third year in a row) for team payments received by **Friday 11 June**. Thereafter, team places are £440.

The event kicks off at 8.30am with registration and breakfast, followed by a shotgun start at 10am. A buffet lunch will be served on players' return to the club house, during which tickets will be sold for the raffle.

This year is a big year for fundraising for the Centre, so we need your help to make this the biggest and best Golf Classic so far. You can help us to do this by participating, contributing raffle prizes (they don't have to be golf-related) or passing on the information to anyone you think may be interested.

For further information and a booking form, please visit [www.craighalbert.org.uk/golf2010](http://www.craighalbert.org.uk/golf2010). Alternatively, get in touch with Kirsten by email or phone (see overleaf for details).

## GET SET, GO FOR CRAIGHALBERT!

Fun run season is fast approaching, giving you lots of ways to get fit and raise money! For these events, you need to register for the race with the organisers, then let us know you're taking part. You can then set up a Just Giving page at [www.justgiving.com/craighalbert](http://www.justgiving.com/craighalbert) and/or request a paper sponsor form from Kirsten. Good luck!

### **Ignis Asset Management Women's 10K**

Sunday 9 May 2010, Bellahouston Park, Glasgow  
Register at [www.runglasgow.org](http://www.runglasgow.org)

### **Scottish Half Marathon and Hairy Haggis Edinburgh Marathon Team Relay**

Sunday 23 May 2010, Edinburgh  
Register at [www.edinburgh-marathon.com](http://www.edinburgh-marathon.com)

### **The Baker Hughes City of Aberdeen 10K & Fun Run**

Sunday 23 May 2010, Aberdeen Harbour  
Register at [http://www.aberdeencity.gov.uk/Sports/spr\\_10khomepage.asp](http://www.aberdeencity.gov.uk/Sports/spr_10khomepage.asp)

### **Men's Health Forum Scotland Men's 10K**

Sunday 20 June 2010, Bellahouston Park, Glasgow  
Register at [www.mhfs.org.uk/10K.php](http://www.mhfs.org.uk/10K.php)

### **Great Scottish Run Half Marathon & 10K**

Sunday 5 September 2010, Glasgow  
Register at [www.runglasgow.org](http://www.runglasgow.org)



The lovely ladies from BPI Poly enjoying four seasons in one day during last year's Women's 10K!

## CANAL WALK 2010

If running isn't your cup of tea, why not join the Rotary Club of Cumbernauld on this year's Charity Canal Walk? Taking place on Sunday 2 May, the walk starts in Twechar at 8.30am and finishes at Grangemouth Sea Marina on the River Forth. It's a great chance to get out for some gentle exercise with family or friends, and at the same time raise much-needed funds for the Craighalbert Centre!

Included in the £5 registration fee is transport from Cumbernauld College to Twechar, and from Grangemouth back to Cumbernauld. You can download an entry form at [www.cumbernauldrotary.org](http://www.cumbernauldrotary.org) or request one from Club Secretary Frank Clark on 01324 824214 or email [frankclarkcbe@btinternet.com](mailto:frankclarkcbe@btinternet.com)

Once you've registered, visit [www.justgiving.com/craighalbert](http://www.justgiving.com/craighalbert) and click on 'Make Your Page' to create your own fundraising page. If you don't have internet access, just contact Kirsten for a paper sponsor form.

# GO PLAY SUPPORTS SIBLINGS GROUP

We're delighted to announce that the Centre's Siblings Group has received funding from Go Play, a new programme being run by Inspiring Scotland in partnership with the Scottish Government.

The funding will support the Siblings Group until the end of 2011. It will also allow the group to increase its capacity, reaching more brothers and sisters of children with motor impairments.

## FABULOUS FUNDRAISERS

Cumbernauld TA raised £1720 by taking part in the Great Scottish Run Half Marathon, followed by £567 through a can collection at the Antonine Centre. They also enjoyed meeting Santa at the Centre at Christmas (below)!

ADW Ltd raised £1500 in lieu of Christmas presents for suppliers.

Shotts Golf Club donated £500 of the proceeds from their Pro-Am tournament.

Star Refrigeration donated £500 in lieu of sending Christmas cards.

Balmoral FPV Platform made a donation of £540.

Kier Scotland made a donation of £1000.

Many other donations were made between December and March by companies, clubs, individuals and family and friends of those who attend or work at the Centre. Thanks to all of you for your generous support!



## WWW.EASYFUNDRAISING.ORG.UK/CRAIGHALBERT

Don't forget that shopping online via Easy Fundraising is the easiest way of supporting the Craighalbert Centre. There are thousands of big name retailers on Easy Fundraising, and every time you purchasing something from via the site, the Centre gets a donation from them. Just visit [www.easyfundraising.org.uk/craighalbert](http://www.easyfundraising.org.uk/craighalbert) and click the 'sign up' button (it's free, and Easy Fundraising won't bombard you with emails!).

In the last year, with only four or five users, almost £100 has been raised for Craighalbert on Easy Fundraising. About 400 people get this newsletter. If even half of us start using Easy Fundraising regularly, we could raise over £3500 for the Centre each year. So please sign up as soon as you can!

## FIND US ON FACEBOOK!

If you're a Facebooker, please become a fan of the Friends of Craighalbert page on Facebook. As well as helping to get the Centre's name into the public domain, being a fan will also let you receive notification of fundraising events and other news long before the snail mailers!



## EBAY FOR CRAIGHALBERT

If you're a regular (or even occasional) eBay, you might be interested to know that you can now eBay for Craighalbert. Visit <http://bit.ly/aYcspo> to find out how!

## WE NEED YOUR TESCO VOUCHERS!

Tesco has launched its annual **Vouchers for Schools and Clubs** campaign, with vouchers available in store from now until June 2010.

Over recent years, parents, supporters and staff have collected enough vouchers to allow the Centre to buy a digital camcorder and various other items of equipment, particularly for our new Learning Garden. With your help, we hope to get our hands on even more vouchers this year! If you'd like to donate vouchers to us, please hand them in at reception or pop them in the post to us, marking your envelope 'Tesco Vouchers'. Watch this space to see how we get on!

## CONTACT DETAILS

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