

CRAIGHALBERT NEWS

September 2009



CHRISTMAS SHOPPING EVENING

Tickets are now on sale for the next Shopping Evening, which takes place at the Centre on Thursday 19 November from 7.30pm to 10pm. Get a head start on your Christmas shopping and help support the Centre at the same time! This year's event will be the biggest yet, with a whole extra room devoted to stalls selling everything from jewellery to handbags, beauty products to tarot readings, and manicures to wrapping paper

We're also on the hunt for raffle prizes, so if you'd like to make a contribution or buy tickets (still only £5 each including wine and nibbles), please contact Kirsten on 01236 456100 or email kirstenbruce@craighalbert.org.uk.

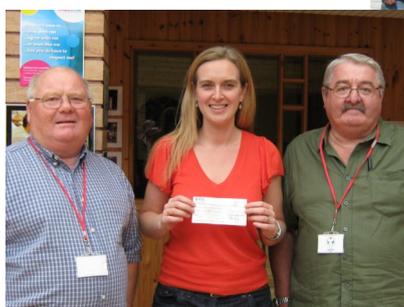
CRAIGHALBERT CONFERENCE FACILITIES

Looking for conference and event facilities in the Cumbernauld area, or know someone who is? You might be surprised to learn that the Craighalbert Centre can cater for a wide range of requirements, from conferences to study days, meetings to seminars. Delegate numbers of up to 50 can be accommodated, with equipment hire and WiFi access also available. For more info, please contact Anne Taylor on 01236 456100.

SERIOUS LEGWORK IN LARBERT!

Well done to Bill Pitt and friends, who organised a sponsored walk around Larbert, followed by a fundraising disco at the Station Hotel, raising a tremendous £1645!

Special mention goes to Karen, Paul, Danielle and Mitch, who travelled from Cumbernauld to take part in the sponsored walk, and to Tom Griffin (pictured right with Kirsten and Bill) for the star raffle prize of a weekend away at The Black Bull in Pickering, Yorkshire.



MARATHON MEN

Huge congratulations to Steven Insua-Cao, who completed the 2009 Albert Bartlett Edinburgh Marathon in the very impressive time of 3 hours 36 minutes and 59 seconds, raising over £400 for Craighalbert in the process! Steven is pictured right with Kirsten after presenting a cheque for £201 from his off-line fundraising. Steven raised the remainder of his donation online through his Just Giving page.

Following Steven with a similar number of footsteps is Paul Milner, a freelance photographer who came to know the Centre through work he did for the Cumbernauld News. Paul is participating in the Moray Marathon on Sunday 13 September and is also using Just Giving to raise funds for the Centre online. To sponsor him, just visit www.justgiving.com/paulmilner. Good luck, Paul!



FABULOUS FUNDRAISERS

A big thank you to Children's Aid (Scotland), who made a wonderfully generous contribution of £19,500 to the Centre's hydrotherapy pool fund in July. The hydrotherapy pool costs over £33,500 per year to operate and maintain, so this donation will go a long way to helping us achieve this target for 2009/10.

In June, Richard and May Horn made a fantastic donation of £925 to the Centre, donated in lieu of gifts on the occasion of their ruby wedding anniversary.

Thank you to Cumbernauld Highland Dance Festival, who donated £750 to the Centre, raised from collections made at two dance shows.

Congratulations to Scott Coates and Louise Blythell, who got married in July and asked for donations in lieu of gifts to be made to the Craighalbert Centre. Their Just Giving page has raised £485 so far!

Many other donations were made between June and August by companies, clubs, individuals and family and friends of those who attend the Centre. Thanks to all of you for your generous support!



WELL DONE, GREAT SCOTTISH RUNNERS!

The following supporters are raising money from participating in the Great Scottish Run 2009. Some are taking part in the 10K, and some the half marathon. Please visit their Just Giving pages to show your support!

- **David Lowrie (10K)**
www.justgiving.com/David-Lowrie/
- **Chris Roberts & Amanda Cummings (10K)**
www.justgiving.com/chrisvsmanders/
- **Paul Ryan (Half Marathon)**
www.justgiving.com/paul-ryan
- **Cumbernauld TA (Half Marathon)**
www.justgiving.com/William-Forrester

SHOPPING ONLINE? FUNDRAISE AT NO EXTRA COST TO YOU!

Do you shop online with high street names? Chances are they're registered with Easy Fundraising! To raise money while you shop at no additional cost to you, just visit www.easyfundraising.org.uk/craighalbert and sign up to the site. This means that whenever you shop online with your favourite stores, as long as you get to their site via Easy Fundraising, the store will make a percentage donation to the Craighalbert Centre. Everyone's a winner!

You can also raise money for the Centre every time you search online by using Easy Fundraising's Easy Search tool. Just go to <http://craighalbert.easysearch.org.uk/> and select 'make this my home page' so you don't forget to use it at every opportunity!

CONTACT DETAILS

Kirsten Bruce
Marketing & Fundraising Manager

Tel: 01236 456100
Email: kirstenbruce@craighalbert.org.uk